



CREATE YOUR BRAND. BUILD YOUR BUSINESS. MONETIZE YOUR CREATIVITY!

Conscious Branding, Graphic Design & Business Coaching for Creative Entrepreneurs

Your thoughts create things.
Where your energy goes, your life flows.
Your life is created by design or default.

REALIZE...what you want.

Write out 3 things you want for yourself, be as specific as possible.
Don't worry about how it will happen.

VISUALIZE...it happening in your life.

Pick one from the list above and begin to describe it in as much detail as you can. Get clear about what it would be like to have this. I recommend closing your eyes and taking a moment to really see this in your mind. Tap into how it would **feel** as well as what it looks like. The more specific you are the better, then jot it down.

ACTUALIZE...it by creating an action plan.

What is one action you can take in the next few days to move you closer to creating this in your life?
Put the day and time to when you complete this.